

ACTIVITY SHEET 23

Sunshine is important for good health. To find out what important nutrient comes from the sun, write the letters on the first sun ray in the correct order on the first line. Continue writing the letters on the other sun rays in the correct order to find out the benefits of moderate sun exposure to health.

Answer: _____

Benefits:

1. _____

2. _____

3. _____

4. _____

MEMORY VERSE:

But for you who fear My Name, the Sun of Righteousness will rise with healing in His wings. Malachi 4:2A (New Living Translation)